



SUMMER EXPERIENCES & EVENTS

22nd of June – 31st of August 2026


CAMIRAL
GIRONA • SPAIN
A QUINTA DO LAGO RESORT



RESORT FEE CALENDAR

This Summer, discover Camiral through a thoughtfully curated collection of experiences designed to inspire every guest. From family adventures and outdoor exploration to wellness sessions, gastronomy and moments of quiet relaxation beneath the Mediterranean sun, each experience has been created to connect you with the natural beauty and slower rhythm of the destination.

Many of the activities within our Resort Fee Calendar are included during your stay, while a selection of exclusive experiences, including private yacht charters, guided cultural journeys and personalised excursions, are available for those wishing to explore Catalonia in a more intimate and memorable way.

Throughout the season, Sunset Sessions return from Thursday to Sunday, bringing live music, signature cocktails and warm Summer evenings to the hotel terrace. This year also welcomes our Summer Solstice celebration on 23rd June, an evening of live music and celebration to mark the beginning of the season.

Throughout the Summer months, a resort fee is included in the price of your stay.
This resort fee gives you access to a huge calendar full of activities for both you and your family.

MONDAY		TUESDAY	WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY
Bike Tour (Vilobi Route, 18km) 9:00 - 11:00		Yoga Navakarana Group Class (8:30-9:30)	Slow Vinyasa Yoga 9:00 - 10:00		Power Pilates 9:00 - 10:00		Golf Initiation 9:00 - 10:00	Yoga Group Class Navakarana 9:30-10:30*	Bike Tour (Caldes de Malavella Route, 15km) 9:00 - 11:00	Yoga Group Class 9:00 - 10:00	Slow Vinyasa Yoga 9:00 - 10:00
		HIIT 11:00 - 12:00	Body Pump 11:00 - 12:00		GAP 11:00 - 12:00		Group Paddle Lesson 11:00 - 12:00				Catalan Vermouth Tasting 11:00 - 12:00
Group Padel Lesson 4:00 - 6:00		Forest Park 4:00 - 6:00	Foot-golf 4:00 - 6:00		Forest Park 4:00 - 6:00	Barre Group Class 5.30-6.30 *	Into the World of Tortoises 4:00 - 6:00		Forest Park 4:00 - 6:00		
	Group Pilates mat Class 5.30-6.30*			Wine Poker 5:00 - 6:00		Ratafia Tasting 5:00 - 6:00		Wine & Cheese Tasting 5:00 - 6:00			
Football competitions 6:00 - 7:00		Running Group (5km) 6:00 - 7:00	Golf Initiation 6:00 - 7:00				Football competitions 6:00 - 7:00				Buggy Orienteering Race 5:00 - 7:00
							Sunset Sessions 8:30 - 10:30				

* Advanced Session

Family & Kids -
TOGETHER WELL

Sports & Wellness -
LIVE WELL
Recommended for guests aged 16+

Bio Activities -
EXPLORE WELL

Gastronomical -
EAT WELL

Included in the resort fee & special prices:

- Kids’ Club included with the resort fee (morning calendar).
- Afternoon babysitting service: €35/hour.
- Bike Hire: €20/4h or €30/8h

- **For reservations or further information about any of our activities, please contact guestservice@camiral.com, call +34 696 462 388, or visit our Guest Services desk at Hotel Camiral.**
- **Email reservations must be made at least 24 hours in advance. Reservations made in person at the Guest Services desk must be made at least 2 hours prior to the activity.**
- **The meeting point for all activities will be at the entrance of Hotel Camiral, next to the Guest Services desk.**
- Please note that residents are welcome to join our activities for €20 per resort fee activity and a 10% discount on personalised activities.



RESORT FEE KIDS & JUNIORS

KIDS’ CLUB AGES 3–9

A place to play, create, discover and make new friends, our Kids’ Club offers a thoughtfully designed programme of activities in a safe and inspiring environment. From arts and crafts to outdoor adventures, every experience is designed to spark curiosity and imagination.

Included with the Resort Fee during morning sessions from 9:00 am – 1:00 pm. Afternoon babysitting service available at €35/hour. Pre-booking is highly recommended. Residents receive a 10% discount.

JUNIOR ACTIVITIES CALENDAR AGES 10–16

Designed for active and adventurous young guests, our Junior Activities Calendar includes a variety of sports and outdoor experiences throughout the week, from padel and tennis to football, basketball and guided bike tours.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Bike Tour 9:00 - 11:00	Footgolf 9:00 - 11:00	Basketball 9:00 - 11:00	Multisport 9:00 - 11:00	Football 9:00 - 11:00	Tennis 9:00 - 11:00	Padel 9:00 - 11:00

Pre-booking is highly recommended. For further information on any of our activities, please contact guestservice@camiral.com +34 696 462 388 or visit our Guest Services desk at Hotel Camiral.



GASTRONOMY



TASTINGS & WORKSHOPS

at Origin Restaurant Terrace

Discover the flavours of the region through a curated series of tastings and workshops celebrating Catalan gastronomy and local traditions. From Wine Poker evenings and artisan cheese pairings to traditional ratafia and vermouth tastings, each experience offers a relaxed and authentic taste of the destination.

Wine Poker

Every Wednesday
5:00 pm-6:00 pm

Ratafia Tasting

Every Thursday
5:00 pm-6:00 pm

Wine & Cheese Tasting

Every Friday
5:00 pm-6:00 pm

Catalan Vermouth Tasting

Every Sunday
11:00 am-12:00 pm



CAMIRAL SIGNATURE EXPERIENCES

Exclusive access to hidden gems across Catalonia



Girona & Figueres | Dalí, Hidden Places & Private Houses

An immersive cultural journey through Girona and Figueres, designed for guests seeking authenticity, privacy and extraordinary access. Explore the historic streets of Girona with a private guide, enjoy privileged entry to Girona Cathedral and discover Casa Cúndaro, a remarkable private residence rarely open to visitors.

The experience continues in Figueres with a private exploration of the Dalí Theatre-Museum and Dalí's birthplace, offering deeper insight into the artist's world through curated storytelling and exclusive access. Along the way, guests will enjoy carefully selected gastronomic moments and the opportunity to dine at some of the region's most celebrated restaurants.

Duration: 10h (9:00 am-7:00 pm)

Timing of the itinerary can be adjusted to align with restaurant service hours.

Includes:

- Private expert guide
- Premium vehicle
- All entrances
- Coordination and concierge support

From €1,612 (2 pax)

*Final pricing is subject to the selected services and inclusions.

PROGRAMME

Morning - Private Girona

- Meet & greet at the resort
- Private guided walk through Girona old town
- Entrance to Girona Cathedral
- Curated stop with local gourmet delicacies and traditional sweet wine pairing
- Exclusive access to Casa Cúndaro (private historical house)

Lunch Options

- Esperit Roca (kitchen opens at 1 pm)
- Divinium Girona (kitchen opens at 1.30pm)
- Premium curated restaurant partner

Afternoon - Figueres & Dalí Universe

- Visit to Dalí Theatre-Museum
- Dalí's birthplace house
- Contextual storytelling focused on Dalí's life and creative universe





Secrets of Empordà | Private Gastronomic & Wine Experience

Discover a quieter, more authentic side of Catalonia through an exclusive journey into the landscapes, flavours and traditions of the Empordà region.

From private visits to Camiral Vineyards and traditional Catalan estates to intimate winery tastings and curated gastronomic experiences, this experience has been designed to reveal the essence of rural Catalonia through craftsmanship, culture and understated luxury.

Duration: 10h (9:00 am-7:00 pm)

Includes:

- Private expert guide
- Premium transport
- All coordinated entries

From €2,941 (2 pax)

*Final pricing is subject to the selected services and inclusions.

PROGRAMME

Morning - Camiral Vineyards Connection

- Meet & greet at the resort
- Private visit to Camiral vineyards
- Introduction to local wine culture and terroir

Mid-morning - Sant Martí Vell & Rural Estate Life

- Visit to Can Bonet
- Private vermouth experience

Midday - Winery Experience

- Visit to Eccocivi winery
- Wine tasting + gastronomic lunch experience

Afternoon - Exclusive Cultural Access

- Guided tour of Sant Martí Vell
- Exclusive access to the church and bell tower





Costa Brava | Private Yacht Experience

Experience the Costa Brava from the water aboard a private yacht, where secluded coves, crystal-clear Mediterranean waters and relaxed onboard dining create an unforgettable day at sea.

Cruise past the protected Medes Islands, anchor in hidden bays and enjoy a curated tasting of local products while discovering one of the most beautiful coastlines in Spain at your own pace.

FULL DAY PROGRAMME

- Meet & greet at the resort
- Private navigation along hidden coves and protected bays
- Swimming, snorkeling and water activities
- Option to anchor for lunch in a secluded bay or enjoy onboard dining

Duration: 9h (9:00 am-6:00 pm)

Includes:

- Yacht charter
- Private skipper
- Crew service
- Basic onboard hospitality setup
- Water sports equipment (snorkel)

From €5,799 (2 pax)

*Final pricing is subject to the selected services and inclusions.



For further information on any of our activities, please contact guestservice@camiral.com +34 696 462 388 or visit our Guest Services desk at Hotel Camiral.



SPECIAL EVENTS



Sunset Sessions & Live Music

As the sun sets behind the hills, settle into the terrace for evenings of live music, signature cocktails and relaxed Mediterranean atmosphere. From jazz and blues to flamenco-inspired performances, Sunset Sessions create the perfect backdrop to warm summer nights at Camiral.

- Every Thursday to Sunday
- 8:30 pm – 10:30 pm
- Lounge Bar Terrace at Hotel Camiral.
- Thursdays also feature Japanese-inspired specialties at Camiral Bistro Terrace.



Solstice Party

Join us as we celebrate the arrival of Summer with an evening of live music, warm Mediterranean nights and relaxed terrace atmosphere at Hotel Camiral.

- 23rd June
- 10:00 pm – midnight
- Hotel Camiral Terrace



DJ Sessions at Bella's

Every Saturday evening, Bella's Restaurant Terrace at Hotel LAVIDA comes alive with DJ sessions, signature cocktails and vibrant Summer energy, creating a relaxed yet lively atmosphere beneath the stars.

- Every Saturday evening

SPECIAL ACTIVITIES



Via Ferrata Cala del Molí (Sant Feliu de Guíxols)

An exhilarating coastal climbing experience suspended above the sea, combining adventure with breathtaking panoramic views across the Costa Brava. Ideal for families and thrill-seekers alike. Return transfers included.

- This activity requires a minimum of 2 participants
- €155 per person



Kayak & Snorkel

Discover the crystal-clear waters of S'Agaró through a guided kayaking and snorkelling experience along the Costa Brava coastline. An unforgettable way to experience the Mediterranean from a different perspective. Return transfers included.

- This activity requires a minimum of 2 participants
- €150 per person



Tennis & Padel Lessons

Personalised coaching sessions led by our professional Tennis Academy team, designed for all levels and ages from six years old. Improve technique, confidence and enjoyment of the game in a relaxed and inspiring setting. Equipment included.

- Private tennis or padel lessons available for individuals or groups of up to 4 participants
- From €59



MTB Bike Tour

Explore the landscapes surrounding Camiral on a guided mountain bike experience through scenic countryside and local villages, combining sport, wellbeing and discovery.

- €80 per person
- This activity requires a minimum of 2 participants.



Padel & Tennis Courts & Equipment Hire

Our Tennis & Padel courts and equipment are at your disposal for a daily game with your friends or family.

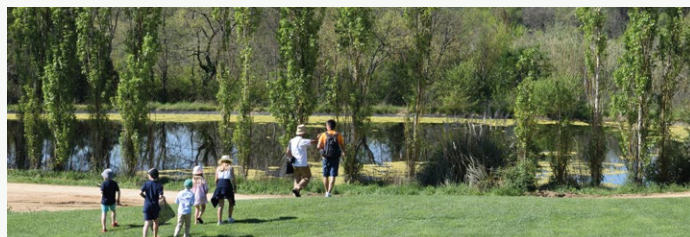
- 20/h



Personal Training

Keep fit with our fitness instructor, in this electrifying exercise session. Class suitable for all levels. Pilates, Stretching or Strength.

- €59 per person/hour



Camiral Biodiversity Experience

Discover the rich biodiversity of Camiral through a guided exploration of its natural surroundings and conservation initiatives. From birdwatching and wildlife monitoring to learning about the resort's sustainable water systems, this immersive experience offers a deeper connection to the landscape that defines the destination.

- €40 per person
- Duration: 2 hours
- Minimum 5 participants – maximum 10 participants
- Suitable for guests aged 3 and above

WELLNESS



Pilates

Experience the benefits of Pilates Reformer using state-of-the-art equipment from renowned Spanish brand ARREGON®. Designed to strengthen the core, improve posture and flexibility, and support overall wellbeing, each session takes place within the calm surroundings of our Wellness Centre.

- Individual sessions or for two or three people in studio
- Monday, Thursday and Friday on demand
- Pilates Studio
- 55-minute sessions
- From €70/person



Recharge & Breathe by E.V.E

Led by certified Breathwork Instructor and Personal Growth Facilitator E.V.E, this intimate session uses conscious breathing techniques to calm the nervous system, restore balance and create a deeper sense of clarity and wellbeing.

- 26 June - 3 July
- 5:30 pm - 6:30 pm
- Wellness Centre
- €50/person
- Maximum 10 participants



A Taste of Mediterranean Cooking

A hands-on culinary workshop led by our Wellness Centre nutritionist, exploring the foundations of Mediterranean nutrition through fresh, seasonal recipes designed to nourish body and mind.

- 29 July at 5:30 pm
- Wellness Kitchen
- €40/person



Twilight Wellness Evening

As evening falls, unwind beside the Thermal Pavilion with a guided outdoor meditation experience followed by access to the Wellness Centre water area, designed to restore balance in a tranquil natural setting.

- 31 July at 7:30 pm
- Wellness Centre
- Includes guided meditation & water area access
- €60/person
- Maximum 10 participants



GOLF



Summer Golf Camp

A fun and engaging outdoor golf camp for children and teenagers aged 6–16, taking place throughout July and August at Camiral. Designed to develop technique, confidence and enjoyment of the game in one of Europe's leading golf destinations.

Dates: from 6th July to 14th August 2026, Monday to Friday.

Price: €350 per week.



Junior Elite Golf Camp

A high-performance training camp for talented junior golfers aged 12–18 with a handicap of 15 or below. Combining expert coaching with world-class practice facilities, this intensive programme has been created for players looking to elevate their game.

Dates: from 6th to 10th July or 13th to 17th July 2026, Monday to Friday.

Price: €850 per week.



PGA National Golf Academy

Camiral PGA National Academy is the only PGA-backed academy in Spain. With 30 years of golf tuition expertise, the PGA has a proven track record of transforming golfers' games.

Boasting some of the finest practice facilities in Europe and a carefully curated team of professionals, our Academy offers lessons tailored for individuals and groups of all ages and abilities.

Technology:

- GEARS 3D
- TrackMan
- TrackMan Range
- Smart2Move 2D





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- **The meeting point for all activities will be at the entrance of Hotel Camiral, next to the Guest Services desk.**
- **Places are limited.**
- We have protocols in place to keep you safe and give you the freedom to enjoy the activities.
- Please note: the dates and times of activities are subject to change, please book in advance to avoid disappointment. If you are unable to attend the activity, please let us know in advance.
- Undersubscribed activities are subject to cancellation and outdoor activities may be affected by the weather.
- Children under 14 must be accompanied by an adult.
- Please note that residents are welcome to join our activities for €20 per resort fee activity and receive a 10% discount on personalised activities.

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