



Stay Well at PGA Catalunya this summer

23rd June - 5th Sep

Our brimming activities calendar will keep you busy every day, from flying down zip wires at the Forest Park to sampling our crisp home-grown wines at our wine tastings.

For a limited time only, hotel and rental guests will be pleased to know that our vast range of activities are all included within the resort fee (at €15 per room, per night). It includes all group activities as well as individual experiences, if you'd rather a bit of 'you time'.

It also includes our weekly special events on Saturdays from 11am - 1pm with new experiences added each week. On demand activities, tailored specifically to you, can also be arranged at an extra charge.

If our weekly special event takes your fancy, you'll be pleased to know that our packed Summer programme includes everything from a remarkable tree trail with our resident Biologist, Oriol Dalmau, to a make your own cookies workshop; a family favourite which is both fun and very tasty!



Monday



Tuesday



Wednesday



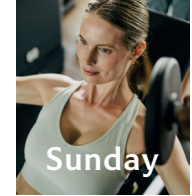
Thursday



Friday



Saturday



Sunday

Fitness
09.00-10.00

Bike tour
10.00-12.00

Bike tour
09.00-11.00

Birdwatching
11.00-12.00

Golf initiation
09.00-10.00

Forest Park
11.00-13.00

Fitness
09.00-10.00

Bike tour
10.00-12.00

Forest Park
16.00-18.00

Bike tour
09.00-11.00

Tortoises
11.00-12.00

Craft Afternoon
16.00-17.00

Forest Park
18.00-20.00

Golf initiation
09.00-10.00

Special event
11.00-13.00 *

Wine Tasting
18.00-19.00

Sunset sessions
20.30-22.30

Bike tour
09.00-11.00

Sports Day Gymkhana
16.00-17.00

Family Golf Games Afternoon
17.30-20.00

Sunset sessions
20.30-22.30

Fitness
09.00-10.00

Forest Park
10.00-12.00

Showcooking
12.00-13.00

Buggy Orienteering Race
17.00-19.00

Photo Trail
16.00-17.00

Forest Park
16.00-18.00

Mini Golf
19.00-20.00

Mini Golf
19.00-20.00

Bike tour
18.00-20.00

Sunset Yoga
20.00-21.00

Mini Golf
19.00-20.00

 Gastronomical -
EAT WELL

 Bio Activities -
EXPLORE WELL

 Sports & Wellness -
LIVE WELL

 Family & Kids -
TOGETHER WELL

*SPECIAL EVENT

Don't miss out on the opportunity to take part in the unique activities in this season's program:

26/06 Mindfulness

03/07 Cookie Making Class

10/07 Remarkable Trees Trail with our Biologist

17/07 Meditation

24/07 Golf for beginners - Play Your First Hole

31/07 Olympic Games

07/08 Remarkable Trees Trail with our Biologist

14/08 Multisport Morning

21/08 Cookie Making Class

28/08 Mindfulness

04/09 Golf for beginners - Play Your First Hole

** Places limited.*

** All activities are subject to availability and must be reserved at activities@pgacatalunya.com or +34 972 181 020.*

** We have protocols in place to keep you safe and give you the freedom to enjoy the activities.*

** Please note: the dates and times of activities are subject to change, please book in advance to avoid disappointment. Undersubscribed activities are subject to cancellation and outdoor activities may be affected by the weather.*

** Children under 14 must be accompanied by adult.*

** Please note, residents are very welcome to join in with our activities for €15 per activity or 10 activities for €105.*

Personalized Activities & other Special Events

POTTERY WORKSHOP

Glaze your own cup, plate or bowl at our ceramics workshop.

Dates: 9th and 23th of July. **10.00-12.00h.** €20/person*

DISCOVER CAMÍ DE RONDA

An exclusive guided tour through the Camí de Ronda discovering the most beautiful corners of the Costa Brava.

Dates: 18th of July and 22th of August. **8.30-13.30h**
€30/person*

BEEWAX CANDLEMAKING WORKSHOP

Find out about the important role of bees in the ecosystem whilst making candles with beeswax from the resort's own beehives.

Dates 31th of July and 13th of August. **10.00-11.30h**
€25/person*

FIVE SENSES FOREST BATHING

Immerse yourself in nature and connect with the forest with all your senses.

Dates: 6th of August. **18.00-19.00h.** €20/person*

* Please note, 10% discount for residents.

KIDS CLUB

Spend time playing, drawing, learning, discovering new things and making friends at the Kid's Club. Your children will ask to come back every time. Available for children between 3 and 12 years old.

Dates and times (Book at least 4 hours in advance)

July 15 to August 15:

10.00 to 14.00 from Monday to Sunday

The rest of the summer season:

10.00 to 14.00 from Wednesday to Sunday

€15/hour. €135/10 hours pack *

ECODIVERSITY TOUR WITH OUR BIOLOGIST

Discover the abundant natural environment at PGA Catalunya with our resident biologist who will be your guide to areas of special interest and the local flora and fauna.

€35/person* Estimated duration 1.30 hours (activity on demand).

