





## 2025-26 SCHOOL YEAR

With the Ryder Cup at Camiral in 2031, now is the time to spark big dreams in young players. Camiral's future as a Ryder Cup venue shows the future generation just how far golf can take them, and it's right on their doorstep.

- Golf, fitness training and sports psychology advice for all levels.
- From 3 to 17 years.
- Saturdays from October to June (except public holidays).
- Golf Course competitions 1 Saturday/month in the afternoon (special PGA National Academy greenfee €25/child).
- Camiral (driving range), Caldes de Malavella.

Our PGA accredited golf professionals provide golf lessons for all ages and skills at the PGA National Academy. Here, you can hone your game, make small improvements or learn the fundamentals of golf to help you out on the course.









# BABY

3 to 6 years from 11.30 am to 12.30 pm. Registration Fee €45 (includes Welcome Pack) + €80/month

# Areas of focus:

- Discovery of the golf environment Getting to know the game
- Familiarisation with the equipment
- Games designed to develop motor skills Group Integration



## DISCOVERY

7 to 12 years from 10.00 am to 11.30 am. Registration Fee €45 (includes Welcome Pack) + €90/month

### Areas of focus:

- Improving golf shots
- Defining situations on the golf course
- Introduction to competition
- Physical exercise (long term physical development)
- Encouraging values in sport



COMPETITION 13 to 17 years from 12.30 am to 14.00 am.

#### Registration Fee €45 (includes Welcome Pack) + €90/month

- Areas of focus:
- Advanced technical expertise
- Exercises, routines, training & competition planning
- Developing the mental skills for competition
- Encouraging values in sport

Physical training for golf