



CAMIRAL

GOLF & WELLNESS



PGA ACADEMY

2023-24 SCHOOL YEAR

- Golf, fitness training and sports psychology advice for all levels.
- From 3 to 17 years.
- Saturdays from October to June (except public holidays).
- Golf Course competitions 1 Saturday/month in the afternoon (special PGA Academy greenfee €25/child).
- Camiral Golf & Wellness (driving range), Caldes de Malavella.

Our PGA accredited golf professionals provide golf lessons for all ages and skills at the PGA Academy. Here, you can hone your game, make small improvements or learn the fundamentals of golf to help you out on the course.



BABY

3 to 6 years (€70/month)
from 11.30 am to 12.30 pm

Areas of focus:

- Discovery of the golf environment
- Getting to know the game
- Familiarisation with the equipment
- Games designed to develop motor skills
- Group Integration



DISCOVERY

7 to 12 years (€85/month)
from 10.00 am to 11.30 am

Areas of focus:

- Improving golf shots
- Defining situations on the golf course
- Introduction to competition
- Physical exercise (long term physical development)
- Encouraging values in sport



COMPETITION

13 to 17 years (€85/month)
from 12.30 pm to 14.00 pm

Areas of focus:

- Advanced technical expertise
- Exercises, routines, training & competition planning
- Physical training for golf
- Developing the mental skills for competition
- Encouraging values in sport

INFORMATION AND BOOKINGS

proshop@camiral.com +34 972 472 577

www.camiral.com