



# WELLNESS CENTRE

CAMIRAL GOLF & WELLNESS

## EXCLUSIVE BENEFITS FOR RESIDENTS

At our Wellness Centre, taking care of body and mind is very important. That is why we have designed these exclusive promotions for our Residents for 2024, offering a 15% discount on our individual treatments and technologies.

### WELLNESS TREATMENT PACKAGES :

#### Bioline Body Concept

6 Bioline Body Concept Treatments	€ 850
12 Bioline Body Concept Treatments	€ 1632

#### Icoone Body & Facial

10 60-minute Icoone Body Sessions	€ 1000
10 60-minute Icoone Facial Sessions	€ 960
Facial + Body Combo Icoone (5 Facial + 5 Body)	€ 1115
Bioline + Icoone Body Treatment (6 Bioline Treatments + 6 Icoone Body)	€ 1470
Muscle injuries (3 Icoone Body Sessions + 2 Osteopath /Physio)	€ 535

#### Technologies

10 Tech sessions	€ 400
Tech Combo (2 Techs)	€ 90
5 Tech Sessions + 5 private Reformer Pilates Sessions	€ 530

#### Treatments

8 60-minute Biologique Recherche Facials	€ 1200
10 90-minute Biologique Recherche Facials	€ 1670
10 90-minute Holistic personalised massages	€ 1360
6 60-minute Holistic personalised massages	€ 740



# WELLNESS CENTRE

CAMIRAL GOLF & WELLNESS

## WELLNESS PILATES PACKAGES :

### PRIVATE

5 Private Training Sessions	€ 315
10 Private Training Sessions	€ 592

### DUET

5 Duet Training Sessions	€ 195
10 Duet Training Sessions	€ 370

### MAT

5 Group Mat classes ( <i>in the Wellness Centre</i> )	€ 112.50
10 Group Mat classes ( <i>in the Wellness Centre</i> )	€ 212.50
20 Group Mat classes ( <i>in the Wellness Centre</i> )	€ 360
Individual Class	€ 25

### OTHER SERVICES

5 physiotherapy sessions	€ 543.75
5 osteopathy sessions	€ 543.75

There will be also special promotions throughout the year.

We hope to see you soon at the Wellness Centre.

Best regards,  
Nuria Camins  
Wellness Manager